Cultural Safety in Aboriginal health
Develop your practice, knowledge and skills

What is cultural safety?
Cultural Safety is being acceptable to difference, having the ability to analyse power imbalances, institutional discrimination, colonisation and relationships with settlers. Cultural safety is about providing quality health care that fits with the familiar cultural values and norms of the person accessing the service, that may differ from your own and/or the dominant culture.

What is cultural respect?
Cultural respect is an obligation that does not compromise the cultural rights, practices, values and expectations of Aboriginal and people of diverse backgrounds.

How can cultural safety be created in the health sector?
Cultural safety can be created when genuine partnerships evolve between patients and health professionals so equality is created between the two individuals and/or cultural groups.

What are the aims of VACCHO’s Cultural Safety Program?
VACCHO’s cultural safety training aims at enhancing the health sector’s capacity to improve program policy design and the delivery of culturally safe health services to Aboriginal people. When this improvement occurs and is applied in practice, cultural safety is achievable.

How will VACCHO tailor the cultural safety training program to meet our specific needs?
Upon contacting VACCHO, our training team will examine your learning needs, any budgetary issues, the delivery timeframes and the proposed locations. Our team will assess your overall training needs and provide a quote that details the proposed course and content, with timeframes and costs.

How can your service benefit from tailored training?
VACCHO’s tailored training packages can be designed for a range of service providers to meet your specific needs. We will develop the course based on the identified needs of your workplace, with relevance to implementing and maintaining culturally safe work practices with Aboriginal and Torres Strait Islander peoples through an exchange of ideas significant to your area of specialisation.

What do tailored training packages focus on?
VACCHO’s cultural safety short courses strongly focus on the development of practical skills and will prepare you with the knowledge and skills necessary to achieving culturally safety in your service delivery to Aboriginal and Torres Strait Islander peoples. The duration of the tailored training will vary depending on the speciality sought, the experience levels of the individuals involved and the service environment.

Course format
By selecting a tailored training package, we will tailor the course to focus on your organisations specific objectives and needs, provides you with flexibility and control in the planning and delivery of the courses, and can be accommodated to suit participant’s availability.
Where are the courses held?

VACCHO has training rooms available for hire at our office in Collingwood. This course can also be delivered at your own facility.

Group rate (tailored packages)

Full day: $5000 + GST for a maximum group of 15 participants
Half day: $3000 + GST for a maximum group of 15 participants

Individual rate (tailored packages)

Full day: $500 + GST per person, subject to VACCHO registering 8-10 people for a session.
Half day: $300 + GST per person, subject to VACCHO registering 8-10 people for a session.

Additional costs

The cost of catering is not included in the prices listed above.

Additional travel charges may apply where facilitator travel exceeds 50kms.

Fees and charges listed are indicative only and may vary.

Who is VACCHO?

VACCHO is the peak organisation for Aboriginal health in Victoria and advocates on behalf of the Aboriginal Community Controlled Health Organisations (ACCHO’s). VACCHO is also a Registered Training Organisation which specialises in providing accredited and non-accredited education and training programs to the Aboriginal Health Workforce, other employees of the ACCHO sector and to partnering organisations in Victoria.

The ‘Cultural Respect Framework for Aboriginal and Torres Strait Islander Health: 2004-2009’ explained that cultural respect occurs when the “health system is a safe environment” for Aboriginal Peoples and where cultural differences are respected.

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For further information or to book your Cultural Safety short course please contact cstenquiries@vaccho.com.au

Victorian Aboriginal Community Controlled Health Organisation

17-23 Sackville Street
PO Box 1328
Collingwood VIC 3066
T 03 9411 9411
F 03 9419 9599

Registered Training Organisation No: 20739